

### Hardwick Board of Health

PO Box 575, Gilbertville MA 01031 Telephone (413) 477-6197 x108 Fax (413) 477-6703 Email: <u>boh@townofhardwick.com</u>

### If you test positive for COVID-19

 $\rightarrow$  Isolate

Isolate means the following:

 $\rightarrow$  Stay home for 5 days

If you have a fever, continue to stay home until your fever resolves,

<u>And</u> if you have no symptoms or your symptoms are resolving after 5 days, you can leave your house,

*However*, continue to wear a mask around others for 5 additional days

# If *you were exposed* to someone with COVID-19 and you are boosted or completed a primary series vaccination, <u>and</u>

If you have been boosted,

<u>Or</u> with six months, you have completed the primary series of Pfizer or Moderna vaccine,

Or within 2 months, you completed the primary series of J&J vaccine

#### $\rightarrow$ Quarantine

Quarantine means do the following:

ightarrow Wear a mask around others for 10 days

ightarrow Test on day 5, if possible

ightarrow Get a test If you develop symptoms at any time

## If you were *exposed* to someone with COVID-19, you are *not boosted*, and in one of these groups

Pfizer or Moderna vaccine was received over 6 months J&J vaccination was received over 2 months ago Unvaccinated

#### $\rightarrow$ <u>Do</u> the following

 $\rightarrow$  Stay home for 5 days

- ightarrow Wear a mask around others for 10 days
- ightarrow Get a test If you develop symptoms at any time

\*\*\*\* Information updated 12/29/21. Go to <u>What to do if you have COVID-19 or have been exposed to</u> <u>COVID-19 | Mass.gov</u> for the complete guidance and CDC update issued 12/28/21\*\*\*\*